



COMMUNITY TRUST

A TEACHER'S GUIDE TO THE BLACKBURN WITH DARWEN SCHOOL SPORTS PARTNERSHIP



ROVERS

BLACKBURN WITH DARWEN

POWERED BY



SCHOOL SPORT PARTNERSHIP



Premier League Primary Stars

CONTENTS

FOREWORD	4
INTRODUCING BwD SSP	5
TESTIMONIALS	6
THE WORK SO FAR	8
MEET THE TEAM	9
THE PACKAGES	10
CREATING A SELF SUSTAINING...	16
COMPETITIONS, FESTIVALS AND SCHOOL GAMES	18
PROFESSIONAL DEVELOPMENT COURSE LIST AND PRICES	20
EVIDENCING THE IMPACT...	25
DETAILED BREAKDOWN OF ACTIVITIES AND COSTS	26
CONTACT DETAILS	35

THE SCHOOL SPORTS PARTNERSHIP

Demand from schools helped establish the Blackburn with Darwen School Sports Partnership, a service that offers whole-school development for your school; providing support in physical education, school sport, competitions, education and training.

With a large team of dedicated and passionate staff, your school will be guided through a needs analysis, developing a bespoke offer for your school.

FROM SCHOOL TO COMMUNITY

The service provides a self-sustaining pathway within sport, which aims to provide increased opportunity for young people; having easy access to quality sports coaching within a local sustainable structure. This includes strong links into the Blackburn Rovers Community Sports Forum, made up of various sports clubs in the borough and pathways into development centres and the Academy at Blackburn Rovers Football Club.



"The Blackburn with Darwen School Sports Partnership, powered by Blackburn Rovers Community Trust, will play a fundamental role in accomplishing the positive impact that high quality PE, school sport and physical activity can have on young people.

"The services, training and networking opportunities detailed within this brochure are designed to support the whole school in building confidence and self-sustainability for school sport and physical education.

"We will remain focused and ambitious, doing everything we can to continue to keep quality high.

"We are delighted to work together with Blackburn with Darwen Borough Council in bringing this exciting range of opportunities to the schools in our area and trust that all the schools within the borough will relish the opportunity that it provides for their pupils."

**BLACKBURN ROVERS COMMUNITY TRUST CEO,
GARY ROBINSON**

BwD SCHOOL SPORTS PARTNERSHIP

DELIVERY

- Individual physical literacy testing assessment and planning
- Curriculum delivery
- Before/after school clubs
- Health and safety visit
- Gifted and Talented Academy
- Risk assessments

PROFESSIONAL DEVELOPMENT

- Staff teaching and learning support
- Mentoring service
- Staff development
- Leadership training for young people
- Quality Mark workshops
- Accredited sport specific training
- Health and wellbeing workshops

SCHOOL GAMES

- Coordinated intra and inter schools competition calendar
- Mass participation festivals
- Central Venue Leagues
- NGB and School Games competitions
- Transport to Level
- 3/4 School Games
- Certificates/ trophies/ medals

ENRICHMENT

- Discounted afPE affiliation
- Partnership network events
- Awards evening
- School Games Mark support
- afPE Quality Mark support
- Community sports club links
- Leadership opportunities



THE SHEARER PACKAGE

£9,500

This 'gold-standard' offers a holistic approach to Physical Education and staff training. It includes all the benefits of being a full member of the BwD SSP, an exclusive discounted membership to afPE, and a full day of mentored activity for 30 weeks of the year. See page 10 for a detailed explanation.



THE TUGAY PACKAGE

£4,500

Gain access as an affiliate member to a full day of mentored activity for 30 weeks of the year, two staff development opportunities and the annual Awards Evening. Other activities may be purchased at an extra cost. See page 12 for more information.



THE MULGREW PACKAGE

£900

Become an associate member and have access to two blocks of coaching sessions over five week duration for a sport of your choice, and the annual Awards Evening. Other activities may be purchased at an extra cost. See page 14 for details.

TESTIMONIALS



Quote: How Blackburn Rovers Community Trust and BwD Borough Council have enhanced learning with player involvement:

The children at St Leonard's are always excited when they hear a Blackburn Rovers player is visiting our school. It is apparent that children enjoy any sessions in which players are involved and it helps to focus them on a particular physical discipline.

Acting Head

Teacher: Stephen Gaughan, St Leonards C of E Primary School, Langho



Quote: The involvement with Central Venue League

A great opportunity for the Darwen school teams to play against the Blackburn schools.

The children enjoy a mix of competitive and friendly games of football in a fun, safe and well organised venue. Gillian Claxford - Teacher
St. Peters, Darwen.



Quote: How Blackburn Rovers Community Trust and BwD Borough Council have enhanced PE provisions with after-school clubs:

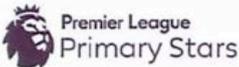
During our time with Blackburn Rovers, our PE has massively been enhanced due to the quality of the PE session and interaction with the players. We have a buzz of excitement around our school at the moment due to it! Keep it going!

Adam Morris, Holy Souls



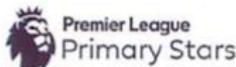
Quote: How Blackburn Rovers Community Trust and BwD Borough Council have enhanced PE provisions through mentoring:

Since the start of BRFC and BwD Borough Council working at St James', staff have expressed how supported they have felt in delivering effective PE lessons. They have worked with Reception, Year 1, Year 2, Year 3 and Year 4 so far, team teaching, team planning and observing staff to continually develop their skills in areas staff felt less confident in such as dance and gymnastics. We are looking forward to continuing to work with them in the future. Clare Taylor - Assistant Headteacher St. James' CofE Primary School



Quote: How Blackburn Rovers Community Trust and BwD Borough Council have enhanced learning with player involvement:

During the Autumn Term, the school welcomed Wes Brown and Sam Gallagher to lead a Question and Answer session with Year 3 and Year 4 pupils. This really engaged the children to write biographies and was enhanced further with signed copies of programmes for the best versions. It was excellent to see Sam reading some of them. Throughout the morning, the players also joined in with Year 1 gymnastics and KS2 football skills, encouraging children to participate in games and lead healthy lifestyles. Clare Taylor - Assistant Headteacher St. James' CofE Primary School



Quote: How Blackburn Rovers Community Trust and BwD Borough Council have enhanced PE provisions with after-school clubs:

Over a number of years I have worked with Blackburn Rovers Community Trust on a number of projects and activities. They have offered a number of after school clubs in the five primary schools that I work with. They offer a varied menu and provide children with new skills. They provide skills in specialist areas such as dance, something the children love and this is down to the expertise of their dance teacher. Without the Trust I would not have been able to offer the children so many different and fun opportunities. Sara Burton Wensley Fold

THE WORK SO FAR



The Blackburn Rovers Community Trust's Premier League Primary Stars programme has engaged with over **6,500** children. This has included delivering high-quality PE in **104** primary schools throughout Blackburn, Darwen, Ribble Valley, South Ribble and Chorley.

83 primary schools have registered with Premier League Primary Stars; **36** schools having been selected to receive Premier League Primary Stars branded kit and equipment.

Over **2,600** children have taken part in tournaments, festivals and leagues.

21 first team and U23 squad players have enthusiastically engaged with children at our current partner schools.

Over **2,200** children have attended extra-curricular activities.

28 children have been signposted to the football club's talent development academies (male and female).

Over **66** teachers have been mentored through the professional development and mentoring scheme, **33** of which attended further CPD opportunities.

Over **330** children and **66** teachers have experienced matchday activities such as forming the guard of honour along the touchline or walking out alongside the first team stars as player escorts.

MEET THE TEAM

BLACKBURN ROVERS COMMUNITY TRUST



PROFESSIONAL STAFF:

Our talented range of sports coaches – all qualified with a minimum Level 2 National Governing Body qualification and afPE Level 3 teaching qualification – allow us to offer a professional approach where all staff are competent as multi-sports coaches developing 'FUNdamental' skills (agility, balance and co-ordination), as well as physical literacy, numeracy and personal learning and thinking skills (PLTS). All staff possess a fully enhanced Disclosure and Barring Service (DBS) check.

NATIONAL GOVERNING BODY OF SPORT QUALIFICATIONS HELD BY OUR STAFF INCLUDE:

UEFA B Licence, Level Four Gymnastics, Level Three Youth Work, Level Two Basketball, Level Two Youth Module, Level Two Football, Level Two Multi Skills, Level Two Handball, Level Two Netball, Level 1 Youth Module, afPE Level Three Supporting the Delivery of PE and School Sport, Level Two Dodgeball, Level Two Cricket, Level Two Rugby League, Level Two Futsal, (UKA) Dance Teaching Certificates in Cheer Leading, Hip Hop, Street Dance, Ballet, Jazz, Level One Badminton, Level One Cricket, Level One Tag Rugby.

PROFESSIONAL BODY QUALIFICATIONS OBTAINED BY OUR STAFF INCLUDE:

OFSTED-rated 'Outstanding' QTS PGCE in Primary Teaching, (BA Hons) Physical Education, (BA Hons) Drama, Physical Theatre and Dance, (BSc Hons) Sports Development with Coaching, (BA Hons) Special Educational Needs, (BA Hons) Sport Development; afPE Level Three Tutor Orienteering, Tag Rugby, New Lancashire Dance Units of Work, Dance Coach, 2.1 in Broadcast Journalism (University of Leeds).

THE SHEARER PACKAGE



BECOME A FULL MEMBER OF BLACKBURN WITH DARWEN SCHOOL SPORTS PARTNERSHIP, POWERED BY BRCT, GIVING YOUR SCHOOL ONE DAY A WEEK CURRICULUM DELIVERY AND MENTORING PROGRAMME WITH THE FOLLOWING BENEFITS:

DELIVERY

- Individual physical literacy testing
- Assessment and planning
- Mentoring service
- Curriculum delivery
- Before/after school clubs x2
- Gifted and Talented Academy
- Health and safety visit
- Risk assessments

PROFESSIONAL DEVELOPMENT

- Staff teaching and learning support
- Staff development opportunities (x5)
- Leadership training for young people
- Quality Mark workshops
- Accredited sport specific training
- Health and wellbeing workshops

SCHOOL GAMES

- Coordinated intra and inter schools competition calendar
- Mass participation festivals
- Central Venue Leagues
- Access to some School Games competitions
- *Transport to regional School Games
- Certificates/ trophies/ medals

ENRICHMENT

- Personalised impact report on primary PE and sport funding
- Discounted Association for PE membership
- Awards evening
- Leadership opportunities
- School Games Mark support
- afPE Quality Mark support
- Partnership network events
- Community sports club links
- Matchday experience
- Educational stadium day
- Player appearances

WHAT'S INCLUDED...

The 'gold-standard' for schools that aspire to be renowned for their commitment and dedication to high-quality physical education and staff training. The focus is on developing the whole school – improving participation, enhancing learning and engaging in varied competition structures while providing exciting enrichment opportunities.

Your school will be guided in developing a holistic package of mentored curriculum delivery, starting with Physical Literacy Testing and access to the Active Ants and Amaven online programmes. Priority is given to your school for a choice of two breakfast or after-school clubs, Tots2Tyres Level One and Two, a minimum of five staff development courses and accredited training, including Partnership Network events.

Focusing on raising standards, being a full member of the BwD SSP allows an exclusive discounted membership to the afPE, which provides special access to afPE Quality Mark and workshops with panel members.

Member schools staff have privileged access to BwD SSP specific resources on the Premier League Primary Stars website, with delivery of either Physical Literacy, Numeracy, PSHE or Guided Reading activities and interventions.

Your school can take advantage of a wide variety of competitions and festivals of sport, with leadership opportunities for young people and access to free transport to School Games Finals (if successful in qualification), talent development academies and links to local sports clubs.

To celebrate your whole school development and progress, Shearer members are invited to the annual Blackburn Rovers Community Trust Awards Evening.

Shearer Members also receive: Ewood Park educational and enrichment visits, Central Venue League and EFL Kids Cup entry, matchday activities, signed merchandise, fundraising event and visits from first team players, Rover The Dog (mascot) or the Premier League Trophy*.

*subject to availability.

DELIVERY ON MONDAY	SEPTEMBER		JANUARY		APRIL	
School Name:	Autumn Term (five weeks)	Autumn Term (five weeks)	Spring Term (five weeks)	Spring Term (five weeks)	Summer Term (five weeks)	Summer Term (five weeks)
Mornings 9.30am – 10.30am	Principles of attacking 9.30am – 10.30am Any year group	Principles of defending 9.30am – 10.30am Any year group	Move and Learn 9.30am – 10.30am Year five	Orienteering (Adventure) 9.30am – 10.30am Key stage two	Gymnastics 9.30am – 10.30am Any year group	Gymnastics 9.30am – 10.30am Any year group
Mornings 10.45am – 11.45am	Principles of attacking 10.45am – 11.45am Any year group	Principles of defending 10.45am – 11.45am Any year group	Move and Learn 10.45am – 11.45am Year five	Orienteering (Adventure) 10.45am – 11.45am Key stage two	Gymnastics 10.45am – 11.45am Any year group	Gymnastics 10.45am – 11.45am Any year group
LUNCH						
Afternoons 1.15pm – 2.15pm	Athletics 1.15pm – 2.15pm Any year group	Cricket (Striking and fielding) 1.15pm – 2.15pm Any year group	Tots 2 Tyres Level One 1.15pm – 2.15pm Reception	FUNDamentals 1.15pm – 2.15pm Reception	Dance 1.15pm – 2.15pm Any year group	Dance 1.15pm – 2.15pm Any year group
Afternoons 2.15pm – 3.15pm	Athletics 2.15pm – 3.15pm Any year group	Cricket (Striking and fielding) 2.15pm – 3.15pm Any year group	Early years FUNDamentals 2.15pm – 3.15pm Key stage one	Sugar Smart Squad Health and exercise 2.15pm – 3.15pm Year two	Dance 2.15pm – 3.15pm Any year group	Dance 2.15pm – 3.15pm Any year group
After school sessions are paid for by the parents or by the school as mutually agreed						
(Five weeks) After School Club 3.30pm – 4.30pm	Multi Skills	Cricket	Netball	Football	Cheerleading	Dance

*subject to availability and training schedules

THE TUGAY PACKAGE

**ONE DAY A WEEK
SCHOOLS DELIVERY
PROGRAMME (30 WEEKS)
WITH AFFILIATE MEMBER
BENEFITS AS LISTED
BELOW:**



DELIVERY

- Assessment and planning
- Curriculum delivery

PROFESSIONAL DEVELOPMENT

- Staff teaching support
- Mentoring service
- Staff development opportunities (x2)

SCHOOL GAMES

- Festivals of sport
- Central Venue Leagues
- Access to some free School Games
- Certificates/ trophies/ medals

ENRICHMENT

- Matchday experience
- Educational stadium day
- Player appearances
- Awards evening

WHAT'S INCLUDED...

A set programme (exampled overleaf) of high-quality mentored PE lessons delivered by qualified professional sports coaches within their designated specialisms. This is delivered over 30 weeks throughout the school year, based on two hours in the morning and two hours in the afternoon.

This package also includes entry into Central Venue League football and netball leagues, a player appearance at your school*, matchday experience, an education day at Ewood Park, opportunity to play in a festival at Ewood Park or the Blackburn Rovers Academy, autographed memorabilia and a fundraising event at your school.

Finally, your school will gain access as an affiliate member to the annual Blackburn Rovers Community Trust Sports Awards as well as two staff development opportunities. Additional activities are available to purchase at an extra cost.

DELIVERY ON MONDAY	SEPTEMBER		JANUARY		APRIL	
School Name:	Autumn Term (five weeks)	Autumn Term (five weeks)	Spring Term (five weeks)	Spring Term (five weeks)	Summer Term (five weeks)	Summer Term (five weeks)
Mornings 9.30am – 10.30am	Principles of attacking 9.30am – 10.30am Any year group	Principles of defending 9.30am – 10.30am Any year group	Move and Learn 9.30am – 10.30am Year five	Orienteering (Adventure) 9.30am – 10.30am Key stage two	Gymnastics 9.30am – 10.30am Any year group	Gymnastics 9.30am – 10.30am Any year group
Mornings 10.45am – 11.45am	Principles of attacking 10.45am – 11.45am Any year group	Principles of defending 10.45am – 11.45am Any year group	Move and Learn 10.45am – 11.45am Year five	Orienteering (Adventure) 10.45am – 11.45am Key stage two	Gymnastics 10.45am – 11.45am Any year group	Gymnastics 10.45am – 11.45am Any year group
LUNCH						
Afternoons 1.15pm – 2.15pm	Athletics 1.15pm – 2.15pm Any year group	Cricket (Striking and fielding) 1.15pm – 2.15pm Any year group	Tots 2 Tyres Level One 1.15pm – 2.15pm Reception	FUNDamentals 1.15pm – 2.15pm Reception	Dance 1.15pm – 2.15pm Any year group	Dance 1.15pm – 2.15pm Any year group
Afternoons 2.15pm – 3.15pm	Athletics 2.15pm – 3.15pm Any year group	Cricket (Striking and fielding) 2.15pm – 3.15pm Any year group	Early years FUNDamentals 2.15pm – 3.15pm Key stage one	Sugar Smart Squad Health and exercise 2.15pm – 3.15pm Year two	Dance 2.15pm – 3.15pm Any year group	Dance 2.15pm – 3.15pm Any year group
After school sessions are paid for by the parents or by the school as mutually agreed						
(Five weeks) After School Club 3.30pm – 4.30pm	Multi Skills	Cricket	Netball	Football	Cheerleading	Dance

*subject to availability and training schedules

THE MULGREW PACKAGE



**BECOME AN
ASSOCIATE
MEMBER AND
ENJOY ACCESS TO TWO
BLOCKS OF COACHING
SESSIONS OVER A FIVE WEEK
DURATION FOR A SPORT OF
YOUR CHOICE AND THE
ANNUAL AWARDS
EVENING.**

WHAT'S INCLUDED...

Choose from a selection of individual sports or cross-curricular activities to suit your school over two periods of five-week blocks, each week will consist of two one-hour sessions.

By becoming an associate member, your school can gain access to additional activities purchased at an extra cost, including the option to nominate for the annual Blackburn Rovers Community Trust Awards Evening.

Sports available, but are not limited to:

- ◆ Football (principles of attacking/defending)
- ◆ Cricket (striking and fielding)
- ◆ Dance
- ◆ Gymnastics
- ◆ FUNdamentals of movement
- ◆ Athletics
- ◆ Netball
- ◆ Tots2Tyres
- ◆ Orienteering

CONTINUOUS PARTICIPATION IN PE AND SPORT



BwD SSP, powered by BRCT, would like to develop the whole school in becoming physically literate with knowledge, skills and motivation for a self-sustaining active lifestyle.

The aim is to create a long-lasting impact on schools in the partnership that will live on beyond the Primary School PE Premium funding.

One of our critical aims is to ensure sustainable exit routes to continued participation; we value our professional connections to existing community sports clubs in the borough and would link schools to the Blackburn Rovers Community Sports Forum (a network of affiliated, accredited sports clubs).

It links into the Premier League Kicks programme and women and girls football programmes - both activities taking place in various areas around the borough most evenings.

CREATING A SELF-SUSTAINING IMPROVEMENT IN THE QUALITY OF PE AND SPORT

OFFERING A DUAL-LED APPROACH...

Professional coaches provide a mentoring service for teachers who deliver PE in schools. With this mentoring, teachers will be involved in planning and delivery, which will then give the teacher control, confidence and ideas for delivering a varied PE lesson.

Teaching staff in PE will benefit from high-quality, effective team teaching and learning in line with the national curriculum, which includes regular assessments for pupils and supporting the teacher to deal with change, overcome challenges and plan/organise school competitions.

Lessons will be informally observed (and feedback provided), offering links to other professional organisations. The Shearer and Tugay packages offer CPD opportunities for teachers to gain more experience and knowledge to help sustain and improve future delivery of PE and sport in school.

**BELOW ARE THE
DETAILS OF EACH
SESSION WITH A MENTOR
COACH AND THE TASKS
CLASS TEACHERS WILL
BE EXPECTED TO
COMPLETE.**

WEEK	% COACH DELIVERY	% TEACHER DELIVERY	CLASS TEACHER TASKS
1	100	0	Observe coach Fill in pre-mentoring survey Assist with interventions Warm-up intentions discussed with coaching specialist for following session
2	75	25	Co-deliver the warm-up with the coach Observe coach's main activities Assist with interventions Warm-up and main activity intentions discussed with coaching specialist for following session
3	50	50	Independently lead the warm-up (from coach's plan or own) and co-deliver a main activity with the coach Observe the rest of the session Assist with interventions Warm-up and main activity intentions discussed with coaching specialist for following session
4	25	75	Independently lead the warm-up and a main activity (from coach's plan or own) Observe the other main activities Assist with interventions Warm-up and main activity intentions discussed with coaching specialist for following session
5	0	100	Lead the whole session (either from a plan provided by the coach, own session, or a mixture of the two) Assist with interventions Complete self-reflection and evaluation forms Coaching specialist will complete an informal observation feedback form

NB: These are the general expectations for the mentoring process; mentoring will be personalised to the experience and confidence levels of each individual teacher.

COMPETITIONS, FESTIVALS AND SCHOOL GAMES



Signposting schools and young people to competitive sport and providing more young people with the opportunity to compete, be involved and achieve their personal best, BwDSSP works closely with the local School Games Organiser (SGO) to coordinate an exceptional array of team and mass participation events.

WHAT ARE THE SCHOOL GAMES?

The School Games consists of four unique types of competition: intra-school competitions, local inter-school competitions, county finals, and the School Games National Finals.

"Keeping competitive sport at the heart of schools and providing more young people with the opportunity to compete and achieve their personal best."

School Games Mission Statement

The SGO has a vital role in the delivery of the School Games in the borough, and the BwDSSP supports to drive and increase participation at these.

In addition to the School Games offered through the SGO, BwD SSP has additional Central Venue Leagues, festivals and games available to member schools. These aim to encourage all young people to participate and exist with the purpose of helping young people to grow their skills and confidence in physical activity.

afPE SCHOOL MEMBERSHIP

The Association for Physical Education (afPE) is the only physical education subject association in the UK and is committed to being the representative organisation of choice for schools delivering physical education.

- As part of The Shearer Package, each school is affiliated to the Association for Physical Education, which has the following benefits:
- afPE's termly journal – Physical Education Matters (two copies per edition)
- Full health and safety advice and support (including advice on safeguarding, incident support, employment law issues and pre/post Ofsted inspections)
- Monthly e-newsletter, updates/newsflashes keeping members up-to-date on the latest developments within the sector
- Access to members' area of the afPE website which includes the full archive of Physical Education Matters, useful downloads and a wide range of health and safety and safeguarding updates
- Access to relevant webinars on a wide range of topics, such as safe practice, effective use of the Primary PE and Sport Premium, assessing without levels and many more
- Support primary school members on how to effectively spend and then report on the Primary PE and Sport Premium
- Support secondary school members to retain and/or increase time for PE in the curriculum
- Access to 'afPE Rewards', a new benefit scheme exclusively for members which provide discounts and savings off a wide range of work related and lifestyle opportunities
- Up to 30% discount off afPE publications/resources and professional learning opportunities (including courses, conferences and seminars)
- Priority application for the National afPE Quality Mark for physical education and sport
- Networking opportunities with like-minded professionals through your afPE regional network
- Access to the 'afPE Channel' where members can view vlogs, news updates and films exemplifying outstanding practice
- Certificate of membership
-

"afPE membership provides our school with a superb network of support, resources and specialist advice."

PROFESSIONAL DEVELOPMENT

The BwD SSP, powered by Blackburn Rovers Community Trust, cares deeply about outcomes for pupils and research clearly articulates that the quality of the workforce is critical to achieving the best outcomes.

COURSE TITLE	DETAIL	INDIVIDUAL COST
Level 3 afPE Certificate in Supporting Physical Education and School Sport	<p>Developed in partnership with 1st4Sport Qualifications, the 1st4Sport physical education and school sport suite is a set of qualifications that introduce learners to several roles in providing physical education and school sport.</p> <p>Who is this aimed at: Teachers, teaching assistants and other adults employed by the school who wish to improve their understanding and ability to deliver PE in a school environment.</p> <p>What to expect: During your learning and assessment programme, you will be assessed on the completion of a series of written tasks, the delivery of several individual session plans and self-reflection activities.</p> <p>Outcomes:</p> <ul style="list-style-type: none"> ● Communicating and maintaining professional relationship with children, young people and adults ● Understanding how children and young people develop, recognising when additional support may be required ● Understanding schools as organisations and the infrastructure behind this (education policy, legislation, school policies and procedures, school roles and responsibilities of staff and other key individuals) ● Being able to support – and assist with the review of – assessment for learning, working with both learners and teachers ● Planning, delivering and reviewing physical education and school sport programmes <p>Delivery method: Theory based with some practical</p>	£987

COURSE TITLE	DETAIL	INDIVIDUAL COST
<p>Primary Teachers Award</p> <p>Teachers' introductory gymnastics qualification, certified by British Gymnastics</p>	<p>Gymnastics is a great way for schools to get involved with sports, either as part of the existing National Curriculum or through after school clubs.</p> <p>You will develop the skills to support participants in fun skills such as rolls, leaps and the use of apparatus.</p> <p>This course will qualify you to teach gymnastics within a school environment.</p> <p>Who is this aimed at: Teachers, teaching assistants and other adults employed by the school who wish to improve their understanding and ability to deliver gymnastics in a school environment.</p> <p>What to expect: An informative course to provide learners with the confidence to deliver quality gymnastics sessions during curriculum time and in an afterschool club environment.</p> <p>Outcomes:</p> <ul style="list-style-type: none"> ● Build confidence in your approach to gymnastics ● Develop the necessary skills required to teach set moves ● Give you the ability to incorporate apparatus and sequencing into lessons ● Help you to understand and underpin good body management ● Teach you how to identify and remedy common faults ● Develop your subject knowledge for future courses <p>Delivery method: Practical based</p>	<p>£125</p>



COURSE TITLE	DETAIL	INDIVIDUAL COST
<p>Teaching Primary Schools Athletics Workshop</p> <p>Certified by England Athletics</p>	<p>This workshop aims to give teachers and others working in schools the knowledge, skills and confidence necessary to deliver enjoyable and engaging lessons that focus on encouraging maximum participation and increasing understanding, skill acquisition, fitness and enjoyment of children.</p> <p>Who is this aimed at: The workshop is aimed at qualified and trainee teachers and those supporting the management and delivery of high quality sport and physical education in primary schools.</p> <p>What to expect: The primary workshop is based on the new Teaching Primary Schools Athletics resource (which every candidate will receive free as part of the workshop) and demonstrates teaching progression across primary school age groups in both generic and athletics specific running, jumping and throwing activities.</p> <p>Outcomes:</p> <ul style="list-style-type: none"> ● Place running, jumping and throwing at the heart of school physical education. ● Support teachers in delivering athletics activities in an inclusive, exciting and engaging manner. <p>Delivery method: Practical based</p>	<p>£125</p>



COURSE TITLE	DETAIL	INDIVIDUAL COST
<p>The FA's Primary Teachers' Award</p>	<p>The FA's Primary Teachers' Award has been designed to help various groups with a basic awareness of the contribution of an invasion game (football) to the Physical Education Purpose of Study at KS1 and KS2, linking relevant subject content to support pupil learning.</p> <p>What To expect: The course presents ideas for lessons using games based around movement skills for five to 11-year-olds and the basic principles of invasion games. The tutors show how differentiation and assessment for learning can be embedded in PE lessons and give guidance to those teachers who might run a school team.</p> <p>Who is this aimed at: Primary school teaching staff including teaching assistants and student teachers.</p> <p>Outcomes:</p> <ul style="list-style-type: none"> ● Recognise the role invasion games have in KS1 and KS2 PE purpose and study ● Explain the FA's playing and coaching philosophy ● Set up organised football lessons ● Organise basic FUNdamental games to help develop movement skills ● Modify learning activities to manage difference ● Set up small sided games for young players ● Help with school teams and provide further playing opportunities for pupils ● Access further information and knowledge of football coaching <p>Delivery method: Practical based</p>	<p>FREE</p>



COURSE TITLE	DETAIL	INDIVIDUAL COST
<p>The ECB's Primary Teachers' Award in Cricket</p>	<p>This workshop is designed to help develop your confidence and equip you with the knowledge, understanding and applied skills to teach cricket within physical education, school sport and the wider curriculum.</p> <p>Who is this aimed at: Primary school teaching staff including teaching assistants and student teachers.</p> <p>Outcomes:</p> <ul style="list-style-type: none"> ● Develop knowledge, understanding of cricket ● Apply appropriate cricket games and practices to the national curriculum <p>Delivery Method: Practical workshop</p>	<p>£105</p>
<p>Sports Leaders UK Level 2 Dance</p>	<p>Dance leadership is the perfect way to diversify your enrichment and leadership offer with a benefit that it can engage less sporty students in physical activity and leadership. This is a nationally recognised qualification that enables successful learners to lead purposeful and enjoyable dance activity sessions.</p> <p>Who is this aimed at: Primary school teaching staff including teaching assistants and student teachers.</p> <p>What To expect: Sports Leaders UK have provided an easy to use Learner Evidence Record (LER) for this qualification. The LER is mandatory and uses the following assessments:</p> <ul style="list-style-type: none"> ● Practical observation – video/photos can be used to support this ● Questioning of underpinning knowledge (via worksheets) ● Plans and evaluations completed during the course <p>Outcomes:</p> <ul style="list-style-type: none"> ● Developing leadership skills ● Plan, lead and evaluate dance activity sessions ● Assist in planning and leading a dance activity event ● Have a good understanding of dance choreography ● Lead dance activity sessions <p>Delivery method: Practical with some theory.</p>	<p>£175</p>

EVIDENCING THE IMPACT OF THE PRIMARY PE AND SPORT FUNDING

As part of the BwD SSP, each school will have their own tailored impact report showing real-time data on the impact the partnership has had on a school.

The BwD SSP will support each full member school in reviewing against the five key indicators from the Department for Education, what development needs are a priority for your setting and what your priorities are for the future.

Clarity on success criteria will support evidencing the impact that you intend to measure, to evaluate for students today and for the future.
Here is how...

KEY INDICATOR 1:

As delivery partners with Flexi Digital and Amaven, BwD SSP can produce detailed impact reports for each pupil, class, or the whole school. Evaluating physical performance and skill acquisition to identify areas for development or clarity of success criteria.

KEY INDICATOR 2:

First team player appearances at school, invites to matchdays at Ewood Park for guard of honour opportunities and access to PL Primary Stars classroom interventions.

KEY INDICATOR 3:

Bespoke mentoring service developed by specialist coaches and teachers, with opportunities for sport specific and accredited training at networking events.

KEY INDICATOR 4:

Specialist coaches available to offer a range of activities from dance and gymnastics, cricket and athletics, orienteering and bike-ability, as well as health and wellbeing sessions.

KEY INDICATOR 5:

Access to a wide range of competitions and festivals of sport, working in support with the BwD School Games Organiser.

The BwD SSP will update the data for each pupil from Amaven and Flexi Digital to provide a bespoke report to show evidence of sustainable impact for use on member schools' websites, showing how effectively the Primary PE and Sport Premium is being measured on its impact for pupil outcomes.

DETAILED BREAKDOWN OF ACTIVITIES AND COSTS

FIND WHAT IS INCLUDED IN YOUR MEMBERSHIP, WITH DETAILS ON EACH ACTIVITY AND EVENT. IF NO PRICE IS LISTED IN THE RELEVANT HEXAGON, THE ACTIVITY IS INCLUDED FOR FREE IN YOUR PACKAGE



**TOTS2TYRES
LEVEL ONE
5 WEEKS (2 HOURS)**
EYFS

The use of balance bikes removes the need for most children to use stabilisers when they progress onto conventional pedal bikes. We use 'Zoom' balance bikes with small groups, meaning that children can develop the core skills of balance and gross motor skills needed to perfect riding without simultaneously having to grasp foot and leg positioning.

£430

**TOTS2TYRES
LEVEL TWO
5 WEEKS (2 HOURS)**
EYFS

Tots2Tyres Level Two aims to further improve the core skills of balance, coordination and gross motor skills, whilst children develop onto pedalling in a safe and fully supportive environment, giving them the confidence to ride more independently.

£430

£430



**FUNDAMENTALS
5 WEEKS (2 HOURS)**
EYFS AND YEAR ONE

This programme is linked to the 'FUNdamentals of movement', where children take part in tasks to develop the ABCs (agility, balance and coordination) in small groups. Focusing on each element individually and sequentially, we deliver comprehensive, inclusive and engaging activities.

£350

**SUGAR
SMART
SQUAD
5 WEEKS
(2 HOURS)**
YEAR ONE
AND TWO

This involves the children taking part in activities to develop the ABCs, but there is a focus on healthy living. Key messages include healthy eating, getting enough sleep, drinking enough water and exercising regularly. Classes are later invited to Ewood Park to learn about these concepts in further depth (see page 29).

£350

DANCE
10 WEEKS
(2 HOURS)
ANY YEAR

We are able to deliver many dance styles such as street dance, cheerleading and creative dance. These can be produced using specific topics that pupils are studying in the classroom, linked to the national curriculum. We can tailor our choreography to suit any chosen topic and using CPD we can ensure it is a simple process for teachers to adapt.

£700

MOVE AND LEARN
5 WEEKS
(2 HOURS)
YEAR FIVE

Aiming to encourage physical activity, promote nutritional education and build awareness of the importance of a healthy diet and active lifestyle. Year five children will spend one hour per week in the classroom covering six different topics related to the body, nutrition, the importance of exercise and information about food groups, followed by one hour of practical sessions in football, handball and dodgeball (rotating sessions).

£350



PRINCIPLES OF ATTACKING/DEFENDING
10 WEEKS (2 HOURS)
KEY STAGE ONE/TWO

Five weeks are spent focusing on attacking (relating to creating and exploiting space) and five weeks on defending (involving delaying and denying space). Some activities are linked to invasion and competitive games. Children create, evaluate and manipulate their own strategies whilst demonstrating teamwork, communication skills and problem solving.

£650

GYMNASTICS
10 WEEKS
(2 HOURS)
ANY YEAR

This programme develops balance, agility, coordination and travel using individual, partner and group skills on floor and apparatus; children are then able to create and perform sequences. Sessions focus on improving children's strength, flexibility and mobility together with social and psychological development. Mentoring aims to build confidence in delivering creative, efficient gymnastics lessons that ensure effective differentiation.

£700

OAA
5 WEEKS
(2 HOURS)
KEY STAGE TWO

Activities enable children to develop basic orienteering skills and associated physical skills whilst being engaging and fun. They provide opportunities to encourage teamwork, problem solving and cooperation.

£350

ATHLETICS
5 WEEKS
(2 HOURS)
KEY STAGE ONE/TWO

This programme develops a wide range of skills including maximum velocity running, running over obstacles, running for endurance, distance jumping, jumping for height, pull throw, push throw, fitness, flexibility and fundamental movement skills.

£350

CRICKET
5 WEEKS
(2 HOURS)
KEY STAGE ONE/TWO

Key Stage One sessions include mastering basic movements including running through, catching and stopping. This helps to develop agility, balance and coordination, as well as learning simple cricketing strategies. Key Stage Two sessions comprise more advanced cricket game planning through a combination of running, throwing and catching and playing competitive games.

£350



INDIVIDUAL PHYSICAL LITERACY TESTING

Our online system measures each child's needs across a range of fitness components and produces impact reports for each pupil, class or the whole school. Standardised assessments and a scoring system help to evaluate each child's physical performance and identify areas for future development, either in school or at home with personalised plans.

£1500

£500

ACTIVE ANTS

Active Ants is a primary school programme designed to explore how the use of wearable technology and rewards scheme can help schools, teachers, parents and children adapt their behaviour to achieve the Chief Medical Officer guidelines of 60 minutes of physical activity a day.

£1500

£1000

**SUGAR SMART
EWOOD
(1 DAY)**
YEAR TWO

Following their physical sessions developing the ABCs, classes will be invited to Ewood Park to learn about the healthy living concepts in further depth. Activities will be based around the stadium, using engaging and inspiring areas including the changing rooms, media suite and trophy hall.

£325

£325

**SPORTIV8
AT EWOOD
(1 DAY)**
YEAR SIX

A cross-curricular programme that links football and the associated benefits with mathematics, geography and history. This comprises sessions based in inspiring areas of the stadium, using the power of sport to engage year six children with other curriculum areas.

£325

£325



**THREE x
CENTRAL VENUE
LEAGUES**

Children are offered the opportunity to compete against other local schools in football and netball Central Venue League competitions.

£100

**TERMLY
FESTIVALS**

All schools that choose for us to deliver sessions (either curricular or extra-curricular) are offered the chance to showcase their learning with other local schools in a variety of sports (e.g. dance, gymnastics, athletics).

EFL KIDS CUP

Schools take part in the EFL Kids Cup, held at locations in and around Ewood Park. This national tournament is one of the country's largest football competition and offers children the opportunity of playing at Wembley if they progress through the various qualifying stages.

PLAY AT EWOOD PARK / ACADEMY*

A football team from your school will be invited to play on the acclaimed Ewood pitch (or the Academy pitches, depending on availability) against other local schools in a football tournament.
*subject to availability

MATCHDAY EXPERIENCE

GUARD OF HONOUR AND HALF-TIME PENALTIES

Pride and excitement is evident on the children's faces whilst they celebrate the Blackburn Rovers first team walking out of the tunnel for a home league fixture. After watching the first half of the game, they return onto the pitch to take part in a penalty shoot-out competition during the break.

POA*



FIRST TEAM PLAYER / MASCOT VISIT*

From answering the children's questions to refereeing a PE football game, the sight of a Blackburn Rovers player entering school always inspires the children. Similarly, Rover The Dog, our mascot, can visit to join in with activities such as listening to stories or to what classes have been learning about. Numerous learning opportunities can arise from these visits!
*subject to availability

FUNDRAISING EVENT

Based at your school, we will facilitate a fundraising event. Children are asked to gain sponsorship before we bring our inflatable target shooting game and all proceeds are shared equally between the school and ourselves.

50/50 SPLIT

TROPHY

Bring the famous Premier League Trophy that was won by Blackburn Rovers in 1995 to your school for half a day. It can be used in any way you choose, such as the central attraction at a fundraising event or to inspire learning.

SIGNED MERCHANDISE

We offer a free signed football or shirt to all schools that choose our full member package. This might be used to inspire learning, offered as a prize for a competition or it may simply be showcased in school – the possibilities are endless!



YEAR-ROUND BREAKFAST CLUBS AND AFTER SCHOOL CLUBS

Delivery of a five week after school club, six times throughout the academic year for a maximum of 20 children. Offering a wide variety of club options personalised for each school, choose from any of the following or contact us for a bespoke package:

- Football: Skills, drills and techniques, fun sessions, tactics and games
- Netball: Drills and sessions in a fun environment to develop overall game understanding
- Multi sports: A different sport each week to engage all learners
- Gymnastics: A progression from school to club gymnastics
- Dance: Learn specific routines to perform (e.g. cheer, street, themed)
- Tri Golf: Pitching and putting to help improve basic skills
- Speed stacking: A club to engage everyone – fun, fast and very competitive
- Cricket: Plenty of matches and fun skills challenges to enhance the all-round cricketer
- Specifics – Aiming, throwing and catching, FUNdamentals

£1,800

£1,400

**FAMILY
FUNDAMENTALS
AFTER SCHOOL
CLUB
5 WEEKS
(1 HOUR)**

Developing gross motor skills, this after-school club targets children with less developed gross motor skills and their parents. The aim is to help parents to support their children with directed activities that will specifically help to improve gross motor control. The sessions, aimed at year one or year two children, include a wide-range of activities including stations that develop coordination and agility, speed stacking and understanding healthy living. We also provide activity ideas and tasks for children to complete at home with their parents, to encourage collaboration with physical activity.

£300

£300

AfPE AFFILIATION

Exclusive discounted affiliation to the Association for Physical Education (AfPE), the only physical education subject association in the UK and committed to being the representative organisation of choice for schools delivering physical education.

**FESTIVALS AND
COMPETITIONS**

Access to a wide variety of competitions and festivals of sport organised by Blackburn Rovers Community Trust.

TUGAY - INCLUDES ACCESS TO FOUR EVENTS.

SHEARER - INCLUDES ACCESS TO ALL EVENTS.



**LEADERSHIP
OPPORTUNITIES**

Leadership opportunities are available for your school's young leaders to support our mass participation events. Young leaders will be provided with specific roles related to the supervision of our festivals of sport that your school may be involved in. This will offer valuable opportunities to develop skills related to communication, time keeping and organisation.

TRANSPORT

Transport to Level 3 and 4 competitions or School Games Finals in Blackpool.

£200

£200

ADDITIONAL CPD

A minimum of five staff development courses and accredited training.

POA*

MULGREW - PRICED PER EVENT

POA*

TUGAY - PRICED PER EVENT

THE HEART START PROGRAMME

A three hour workshop aimed at a year five or six class helps to give them confidence in dealing with an unconscious person, recognising a heart attack and a cardiac arrest, performing CPR, dealing with choking, and responding to serious bleeding.

£150

£150

CURRICULUM SUPPORT AND IN-SCHOOL INTERVENTIONS

Qualified teachers will design and deliver relevant activities to whole classes or interventions for smaller groups in any subject area, over a number of weeks. A bespoke programme, which supports classroom learning can be provided and delivered to any year group including Early Years.

£350

£350



EDUCATIONAL STADIUM EXPERIENCES

Cross-curricular programmes that are tailored to the needs of individual classes and their topics - whilst meeting the requirements of the national curriculum - and designed by fully qualified teachers. Classes can further enhance their learning from school in history, geography, PSHE, English, mathematics, physical education and more, whilst also developing skills in teamwork, problem-solving and communicating. Learning is truly brought to life within the iconic Ewood Park stadium with activities taking place around the ground in inspiring locations such as the players' changing rooms, the media theatre, the trophy hall, the stands and concourses, the players' lounge and the executive boxes.

£150

PARTNERSHIP NETWORK EVENTS

Hosted at Ewood Park, full members are invited to meet and discuss relevant topics and opportunities available to them as well as sharing good practice and information.

TUGAY - ONE INCLUDED

SHEARER - ALL INCLUDED

AWARDS EVENING

Join in to recognise and celebrate the incredible achievements and dedication towards physical activity and sport across the borough in the annual awards evening.

POA*

MULGREW - TICKET PER ENTRY CHARGEABLE

POA*

TUGAY - TICKET PER ENTRY CHARGEABLE

BLACKBURN ROVERS COMMUNITY SPORTS NETWORK

Links to local and national organisations, local sports clubs and forums through regular meetings throughout the year



**Premier League
Primary Stars**

afPE QUALITY MARK

Access to afPE Quality Mark and supporting workshops

PREMIER LEAGUE PRIMARY STARS WEBSITE

Exclusive access to BwD SSP specific resources on the Premier League Primary Stars website. Registering with the PLPS website enables teachers to receive free, cross-curricular teaching resources that bring the curriculum to life with a variety of fun activities across different subject areas. Teachers can download engaging Premier League content, using real-life examples and the inspiration and fun of sport to connect pupils' learning to the world around them. This login will also provide exclusive access to BwD SSP specific resources, designed by our fully qualified primary school teachers and sports specialists and offer the opportunity to enter exclusive competitions each term for a chance to win great rewards from the Premier League for you and your class.



Brierley Football Club
Mr League
y St

**IF YOU WOULD LIKE MORE
INFORMATION, OR HAVE
ANY QUERIES, PLEASE DO NOT
HESITATE TO CONTACT
BWDSSP@BRFCTRUST.CO.UK.**

**JILL ASHCROFT,
SCHOOL SPORTS PARTNERSHIP OFFICER
01254 508139**

**AMY TAYLOR, HEAD OF PRIMARY EDUCATION
DANNY MCGREGOR, PRIMARY SCHOOL EDUCATION
OFFICER
01254 508126**

**NICK JACKSON-COONEY,
SENIOR SPORT AND EDUCATION
DEVELOPMENT MANAGER
01254 508194**

**BRFC COMMUNITY
TRUST
EWOOD PARK
BLACKBURN
BB2 4JF
WWW.BRFCTRUST.CO.UK
@BRFCTRUST**





**EWOOD PARK
BLACKBURN
BB2 4JF
WWW.BRFCTRUST.CO.UK
@BRFCTRUST**



SUPPORTED BY:



07770 820660
LANCSPES@GMAIL.COM
WWW.LANCSPES.COM

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